

AMIRA SPA WELLNESS MENU



ALLERGENS

1. CELERY
2. CRUSTACEANS
3. FISH
4. MILK
5. MUSTARD
6. PEANUTS
7. SOYA
8. WHEAT-GLUTEN
9. EGGS
10. LUPIN
11. MOLLUSKS
12. TREE NUTS
13. SESAME
14. SULPHUR DIOXIDE

Please note that most of the dishes contain ingredients which may cause allergies. Our staff is at your disposal to clarify the products used for the preparation of the menu.



Local Dishes | Κυπριακά Φαγητά



Healthy Dishes | Υγιεινά Φαγητά



Vegetarian Dishes | Πιάτα Για Χορτοφάγους



Vegan | Πιάτα Για Ολικά Χορτοφάγους



SELECT ONE OF OUR HEALTHY FOOD OPTIONS & ONE OF OUR HEALTHY BEVERAGE OPTIONS FOR €20

HEALTHY FOOD OPTIONS

SUPER FOOD SALAD ALLERGENS (1 | 5 | 6 | 7 | 12 | 13 | 14) NEW

Grilled Chicken Breast | Baked Sweet Potatoes | Avocado | Quinoa | Goji Berries | Pomegranate | Cherry Tomatoes | Carrots Ribbons | Roasted Almond Flakes | Crispy Greens | Citrus Dressing

Vegan Option Available:  ALLERGENS (1 | 5 | 6 | 7 | 12 | 13 | 14)

Grilled Oyster Mushrooms Replacing Chicken

HEALTHY SALMON SALAD ALLERGENS (1 | 3 | 4 | 5 | 6 | 7 | 12 | 13 | 14) NEW

Baked Salmon Skewers | Beluga Lentils | Cherry Tomatoes | Fennel | Roasted Beetroots | Strawberries | Crumbled Goat Cheese & Hazelnuts Set on Rocket Leaves | Orange-Passion & Ginger Dressing

MEDITERRANEAN WRAP ALLERGENS (1 | 4 | 5 | 6 | 7 | 8 | 9 | 12 | 13 | 14) NEW

Goats Cheese Wrapped in Beetroot Tortilla with Quinoa | Avocado | Rocket | Tomato | Aromatic Basil Pesto | Balsamic Glace

Vegan Option Available:  ALLERGENS (1 | 5 | 6 | 7 | 8 | 12 | 13 | 14)

Sweet Potatoes & Olive Oil Replacing Goat Cheese & Pesto

CORN-FED CHICKEN ALLERGENS (1 | 4)

Free Range Chicken Breast Marinated with Olive Oil & Herbs | Confit New Potatoes | Smoked Eggplant | Seasonal Vegetables | Lemon & Coriander Sauce

CHICKEN SOUVLAKI ALLERGENS (1 | 4 | 5 | 8 | 13 | 14)

Skewers Of Chicken Breast Marinated in Yoghurt Sauce with Herbs | Peppers | Onion | Grilled Pita Bread | Homemade Tzatziki | Parsley Salad & Fresh Cypriot Hand Cut Potato Fries

HEALTHY BEVERAGE OPTIONS

EVIAN SPARKLING WATER - 33cl

FRESH JUICE OF YOUR CHOICE

ROYAL DEFENCE SMOOTHIE

Mango | Banana | Kale | Spinach | Lemon | Apple Juice





AMARANDE